



TAVOLINO

Tavolino Allergen Information

September 2023 | Version 1.2



SPUNTINI	This dish contains														Suitable for?			
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegan	Vegetarian	Non-Gluten diets
Green Sicilian Olives																Yes	Yes	Yes
Zucchini Fritti	• wheat					◇		◇	◇	◇	•		◇			Yes	Yes	No
Salumi Misti																No	No	Yes
Garlic & Oregano Pizzetta	• wheat										•					Yes	Yes	No
Palourder Clams and Pancetta Jam Pizzetta	• wheat					•							•			No	No	No
Bread Selection	• wheat															Yes	Yes	No

* pine nuts are actually a kernel and not a recognised allergen

Guide to symbols

- a red dot indicates that the allergen is present in the dish. The allergen may appear in more than one ingredient and it may not be immediately obvious, for example; the allergen could be hidden in a sauce.
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ANTIPASTI	This dish contains														Suitable for?			
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Fried Squid, Rocket and Piquillo Pepper Salad	• wheat					•		◊	◊	•	•		•			No	No	No
Burrata, Celery Caponata, Olives, Pomegranate & Almonds			• almond					•				•	•			No	Yes	No
Vitello Tonnato				•					•							No	No	Yes
Nduja Arancini & Garlic Mayo	• wheat					◊		•	•	•	◊		◊		•	No	No	No
Aubergine Baked, Pesto, Pine Nuts and Superstraccia	• wheat										•		•			Yes	Yes	No
Monkfish Carpaccio, Calabrian Chilli Dressing, Fennel & Capers				•									•			No	No	Yes
Crispy Fried Polenta, Stracchino Cheese, Sausage Ragù & Watercress	• wheat					◊		•	◊	•	•		•			No	No	No

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PASTA	This dish contains															Suitable for?		
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Spicy Pork & Nduja Ragu Tagliatelle	• wheat							•	•				•	•	•	No	No	No
Cacio e Pepe	• wheat							•					•		•	No	No	No
Sicilian Red Prawn Tagliatelle	• wheat			•	•				•				•			No	No	No
Paccheri with Mussels, Tomato and Cod Ragu, Olives, Caper Berries, Mint & Almond	• wheat		• almond	•		•			•				•			No	No	No
Aubergine Ricotta Lasagne	• wheat							•	•						•	No	Yes	No
Beef Shin Ragu, Mafalde	• wheat							•	•				•	•	•	No	No	No
Orecchiette, Daterini Tomatoes & Basil	• wheat															Yes	Yes	No

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PIZZA	This dish contains														Suitable for?			
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Margherita Classic	• wheat							•			•					No	Yes	No
Pizza Marinara	• wheat			•							•					No	No	No
Pizza Calabrese	• wheat							•			•					No	No	No
Roast Pepper, Pinenut & Pesto Pizza	• wheat										•		•			Yes	Yes	No
Four Cheese Pizza	• wheat							•			•			•		No	No	No
Pesto Dip													•			Yes	Yes	Yes
Parmesan Mayo Dip								•		•						No	No	Yes
Roast Garlic Dip										•						Yes	Yes	Yes
Tomato & Garlic Dip										•						Yes	Yes	Yes

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SECONDI	This dish contains														Suitable for?			
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Cod, Crispy Pancetta, Bean Cassoulet & Gremolata	• wheat			•									•			No	No	No
Chicken Milanaise	• wheat							•	•	•			•		•	No	No	No
Onglet Steak, Aubergine Fries & Roast Garlic Mayo	• wheat					◇		•	◇	•	•	•	◇		•	No	No	No
Tomahawk for 2	• wheat, barley					◇		•	•	•	•		•			No	No	No
Baked Bream				•												No	No	Yes

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CONTORNI	This dish contains														Suitable for?			
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Rocket & Parmesan Salad								•							•	No	No	Yes
Roasted Potatoes, Tomato & Garlic	◊					◊		◊	◊	•	◊		◊			Yes	Yes	Yes
Zucchini Fritti	• wheat					◊		◊	◊	◊	•		◊			Yes	Yes	No
Tenderstem Broccoli																Yes	Yes	Yes

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Warm Chocolate Torta Caprese, Raspberry Compote and Almond Sorbet			• almond								•					Yes	Yes	No
Brown Butter Pannacotta, Toffee Sauce and Roasted Pecan Nuts			• pecan					•					•			No	No	Yes
Coffee and Tequila Mascarpone Cheesecake, Amaretti	• wheat							•	•		•		•			No	No	No
Gianduja Budino, Hazelnut Crumb, Creme Fraiche			• hazelnut					•	•							No	Yes	Yes
Soft Serve Spiced Orange								•								No	Yes	Yes
Soft Serve Cacao								•			•					No	Yes	Yes
Soft Serve Spiced Orange & Cacao								•			•					No	Yes	Yes

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KIDS	This dish contains														Suitable for?			
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Kids Bucatini Butter	• wheat							•					•			No	Yes	No
Kids Tomato Bucatini	• wheat															Yes	Yes	No
Kids Margherita Bufala	• wheat							•			•					No	Yes	No
Kids Soft Serve Spiced Orange								•								No	Yes	Yes
Kids Soft Serve Cacao								•			•					No	Yes	Yes
Kids Soft Serve Spiced Orange & Cacao								•			•					No	Yes	Yes

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