

# Tavolino Allergen Information

July 2022 | Version 1.2



SPUNTINI	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Green Sicilian Olives															Yes	Yes	Yes
Zucchini Fritti	• wheat					◇		◇	◇	◇	•	◇	◇		Yes	Yes	No
Salumi Misti															No	No	Yes
Garlic & Oregano Pizzetta	• wheat										•				Yes	Yes	No
Pickled Vegetables												•	•		Yes	Yes	Yes
Bread Selection	• wheat														Yes	Yes	No

\* pine nuts are actually a kernel and not a recognised allergen

## Guide to symbols

- **a red dot** indicates that the allergen is present in the dish. The allergen may appear in more than one ingredient and it may not be immediately obvious, for example; the allergen could be hidden in a sauce.
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ANTIPASTI	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Fried Mussels	• wheat barley					•		•	•	◇	•	◇	•		No	No	No
Nduja Arancini & Garlic Mayo	• wheat					◇		•	•	•	◇	◇	◇		No	No	No
Panzanella Burrata	• wheat							•					•		No	Yes	No
Vegan Panzanella Salad	• wheat												•		Yes	Yes	No
Tuna Pesce Crudo, Citrus & Mascarpone				•				•							No	No	Yes
Fried Cacio Cavalo, Honey & Fennel Salt	• wheat					◇		•	•	◇	◇	◇	◇		No	No	No
Vitello Tonnato				•					•						No	No	Yes

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PASTA	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Spicy Pork & Nduja Ragù Tagliatelle	● wheat							●	●			●	●		No	No	No
Cacio e Pepe	● wheat							●					●		No	No	No
Sicilian Red Prawn Tagliatelle	● wheat			●	●				●				●		No	No	No
Bigoli Mussel, Pancetta & Lemon	● wheat					●		●	●				●		No	No	No
Herbed Lamb Shoulder Ragù with Pappardelle	● wheat			●				●	●			●	●		No	No	No
Orecchiette, Daterini Tomatoes & Basil	● wheat														Yes	Yes	No

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PIZZA	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Truffle, Sausage & Mushroom Pizza	• wheat							•			•		•		No	No	No
Margherita Classic	• wheat							•			•				No	Yes	No
Gorgonzola & Prosciutto Pizza	• wheat		• walnut					•			•				No	No	No
Pizza Calabrese	• wheat							•			•				No	No	No
Roast Pepper, Pinenut & Pesto Pizza	• wheat										•		•		Yes	Yes	No
Four Cheese Pizza	• wheat							•			•				No	No	No

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SECONDI	This dish contains														Suitable for?		
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<b>Cod, Pepperonata, Black Olives &amp; Fennel</b>				•									•		No	No	Yes
<b>Chicken Milanaise</b>	• wheat							•	•	•			•		No	No	No
<b>Ribeye, Rocket &amp; Roast Tomato</b>								•				•			No	No	Yes
<b>Tomahawk for 2</b>	• wheat, barley					◇		•	•	•	•	◇	•		No	No	No
<b>Baked Bream</b>				•											No	No	Yes

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CONTORNI	This dish contains														Suitable for?			
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	Rocket & Parmesan Salad							•								No	No	Yes
	Roasted Potatoes, Tomato & Garlic	◊				◊		◊	◊	•	◊	◊	◊			Yes	Yes	Yes
	Tenderstem Broccoli															Yes	Yes	Yes

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DOLCI	This dish contains														Suitable for?		
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Amalfi Lemon Posset	• wheat							•							No	Yes	No
Strawberry Panna Cotta								•	•				•		No	No	Yes
Balsamic Chocolate Mousse with Soft Serve Cherry	• wheat, barley							•	•		•		•		No	Yes	No
Pistachio Budino, Dark Chocolate & Citrus			• pistachio					•	•		•				No	Yes	Yes
Soft Serve Pistachio			• pistachio					•							No	Yes	Yes
Soft Serve Cherry			◊					•							No	Yes	Yes
Rippled Soft Serve			• pistachio					•							No	Yes	Yes

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KIDS	This dish contains														Suitable for?		
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<b>Kids Bucatini Butter</b>	• wheat							•					•		No	Yes	No
<b>Kids Tomato Bucatini</b>	• wheat														Yes	Yes	No
<b>Kids Margherita Bufala</b>	• wheat							•			•				No	Yes	No

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