

Tavolino Allergen Information

Version 1.1 Spring 2022

STARTERS	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Burrata and Sicilian caponata	• wheat			◇				•	◇		◇	•	•		No	No	No
Garlic and oregano pizzetta	• wheat														Yes	Yes	No
Roasted fennel caponata, vegan pesto	◇			◇				◇	◇		◇	•	•		Yes	Yes	Yes
Italian Salumi - speck, Coppa, salami Toscano, fennel salami															No	No	Yes
Tuna pesce crudo, citrus and mascarpone				•				•							No	No	Yes
Vitello tonnato	◇			•				◇	•		◇	◇	◇		No	No	Yes

* pine nuts are actually a kernel and not a recognised allergen

Guide to symbols

- **a red dot** indicates that the allergen is present in the dish. The allergen may appear in more than one ingredient and it may not be immediately obvious, for example; the allergen could be hidden in a sauce.
- ◇ **a purple diamond** indicates that during preparation a piece of equipment, such as a fryer, is also used for another dish which may also contain this allergen.
- a grey box** indicates that the allergen is contained in a simple ingredient and the dish can be modified to remove it. Please ask your server for more details

IMPORTANT NOTE: Please be aware that although the allergens may not be contained in the ingredients of your dish, they may still be present in the kitchen environment and cannot be removed entirely. Therefore, please ensure your server is aware of your allergy or intolerance. This is so that the order can be properly communicated to the kitchen team and they, in turn, can take extra steps to prevent any possible cross-contamination.

In accordance with the law, Gluten is not declarable when less than 20ppm and Sulphites when less than 10ppm.

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SECONDI	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Whole baked sea bream, tomatoes, olives, chilli and oregano				•											No	No	Yes
Pan seared picanha, celeriac, charred leeks and walnuts			• walnut					•				•	•		No	No	Yes
Corn fed chicken breast, mushroom ragu	• wheat							•				•	•		No	No	No
Pan fried stone bass, pancetta, cannellini and borlotti beans	• wheat			•									•		No	No	No

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PIZZA	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Four cheese pizza	• wheat							•			•				No	No	No
Gorgonzola riserva - San Daniele prosciutto, artichokes and walnuts	• wheat		• walnut					•			•				No	No	No
Margherita, tomato, basil and fior di latte	• wheat							•			•				No	Yes	No
Calabrese - spicy nduja, burrata, black olives and chilli	• wheat							•			•				No	No	No
Roasted red pepper, pine nut, pesto and black olive add burrata	• wheat							•			•		•		No	No	No
Roasted red pepper, pine nut, pesto and black olive	• wheat										•		•		Yes	Yes	No

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PASTA	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Brown shrimp and seaweed butter tagliolini	• wheat				•			•	•				•		No	No	No
Mafaldine, datterini tomatoes and basil	• wheat										•				Yes	Yes	No
Bucatini 'cacio e pepe'	• wheat							•	•				•		No	No	No
Mussel, pancetta and lemon bucatini	• wheat					•		•	•				•		No	No	No
Spicy pork and nduja ragu tagliatelle	• wheat							•	•			•	•		No	No	No

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SIDES/SNACKS/BAR	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Crispy potatoes, vegan tomato and garlic mayo	◇			◇				◇	◇	•	◇	◇	◇		Yes	Yes	Yes
Tenderstem broccoli, chilli pine nut dressing															Yes	Yes	Yes
Cacio cavallo cheese, honey, fennel salt and Planeta olive oil	• wheat			◇				•	•		◇	◇	◇		No	No	No
Green Sicilian olives															Yes	Yes	Yes
Honeyed garlic focaccia, extra virgin olive oil	• wheat			◇									•		No	Yes	No
Zucchini fritti	• wheat			◇				◇	◇		•	◇	◇		Yes	Yes	No
Fennel and Blood Orange Salad															Yes	Yes	Yes

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PUDDINGS	This dish contains														Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegan	Vegetarian	Non-Gluten diets
Basil, rhubarb and custard pannacotta								•	•				•		No	No	Yes
Pistachio Budino, Dark Chocolate & Citrus			• pistachio					•	•		•				No	Yes	Yes
Soft serve pistachio			• pistachio					•							No	Yes	Yes
Soft serve cherry			◊					•							No	Yes	Yes
Affogato-pistachio soft serve			• pistachio					•							No	Yes	Yes
Balsamic Chocolate Mousse	• Wheat, barley							•	•		•		•		No	Yes	No

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