



TAVOLINO

Tavolino Allergen Information

Version 1.0 (Winter 2020)

TAVOLINO

| STARTERS | This dish contains | | | | | | | | | | | | | | Suitable for? | | |
|--|---------------------------------|---------|----------------|------|-------------|----------|--------|------|------|---------|------|--------|-----------|-------|---------------|------------|------------------|
| Dish Name | Cereals containing Gluten | Peanuts | Nuts | Fish | Crustaceans | Molluscs | Sesame | Milk | Eggs | Mustard | Soya | Celery | Sulphites | Lupin | Vegan | Vegetarian | Non-Gluten diets |
| Spring Onion, pancetta, black sesame | | | | | | | • | • | | | | | | | No | No | Yes |
| Sourdough pizzetta, lardo & oregano | • wheat | | | | | | | | | | | | | | No | No | No |
| Devon crab, warm potato & ricotta salad | | | | • | • | | | • | | | | | • | | No | No | Yes |
| Small Burrata, Fig, Hazelnut | | | • hazelnuts | | | | | • | | | | | • | | No | Yes | Yes |
| Pear and Walnut Salad Vegan | | | • walnuts | | | | | | | | | | • | | Yes | Yes | Yes |
| Pear and Walnut Salad | | | • walnuts | | | | | • | | | | | • | | No | Yes | Yes |
| Anchovies, Oil And Aggazzotti | | | | • | | | | | | | | | • | | No | No | Yes |

* pine nuts are actually a kernel and not a recognised allergen

Guide to symbols

- **a red dot** indicates that the allergen is present in the dish. The allergen may appear in more than one ingredient and it may not be immediately obvious, for example; the allergen could be hidden in a sauce.
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| PASTA | This dish contains | | | | | | | | | | | | | | Suitable for? | | |
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| Dish Name | Cereals containing Gluten | Peanuts | Nuts | Fish | Crustaceans | Molluscs | Sesame | Milk | Eggs | Mustard | Soya | Celery | Sulphites | Lupin | Vegan | Vegetarian | Non-Gluten diets |
| Gnocchi, tomato, basil and barilotto | • wheat | | | | | | | • | | | | | | | No | Yes | No |
| Pea Gnocchi | • wheat | | | | | | | | | | | | | | Yes | Yes | No |
| Bucatini Cacio e Pepe | • wheat | | | | | | | • | • | | | | • | | No | Yes | No |
| Silk handkerchief pasta sheets, walnut butter & Burford Brown yolk | • wheat | | • walnuts | | | | | • | • | | | | • | | No | Yes | No |
| Saffron, Scallops and Bucatini | • wheat | | | | | • | | • | | | | | • | | No | No | No |
| Mushroom Ravioli | • wheat | | | | | | | • | • | | | | • | | No | Yes | No |
| Lobster Bucatini | • wheat | | | • | • | | | | | | | | • | | No | No | No |

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| PIZZA | This dish contains | | | | | | | | | | | | | | Suitable for? | | |
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| Dish Name | Cereals containing Gluten | Peanuts | Nuts | Fish | Crustaceans | Molluscs | Sesame | Milk | Eggs | Mustard | Soya | Celery | Sulphites | Lupin | Vegan | Vegetarian | Non-Gluten diets |
| Marinara | • wheat | | | • | | | | | | | | | | | No | No | No |
| Margherita Buffalo | • wheat | | | | | | | • | | | | | | | No | Yes | No |
| Gorgonzola, Prosciutto, Artichoke & Walnuts | • wheat | | • walnuts | | | | | • | | | | | | | No | No | No |
| Calabrese | • wheat | | | | | | | • | | | | | | | No | No | No |
| Cime Di Rapa | • wheat | | | | | | | • | | | | | | | No | Yes | No |

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| SECONDI | This dish contains | | | | | | | | | | | | | | Suitable for? | | |
|------------------------------------|---------------------------|---------|----------------|------|-------------|----------|--------|------|------|---------|------|--------|-----------|-------|---------------|------------|------------------|
| Dish Name | Cereals containing Gluten | Peanuts | Nuts | Fish | Crustaceans | Molluscs | Sesame | Milk | Eggs | Mustard | Soya | Celery | Sulphites | Lupin | Vegan | Vegetarian | Non-Gluten diets |
| Cod, Mussels, Leek & Pancetta | | | | • | | • | | • | | | | | • | | No | No | Yes |
| Duck, Pistachio, Orange & Endive | | | • pistachio | | | | | | | | | | • | | No | No | Yes |
| Gressingham Duck Ragù Mafaldine | • wheat | | | | | | | | | | | | • | | No | No | No |
| Coppa, Kataifi & Ricotta | • wheat | | | | | | | • | | | | | • | | No | No | No |
| Sea Bream And Clams | | | | • | | • | | | | | | | • | | No | No | Yes |
| Hake, Nduja & zucchini scarpece | | | | • | | | | | | | | | • | | No | No | Yes |
| Chicken, Polenta, Mushroom | ◊ wheat | | | | | | | • | | | | | • | | No | No | ◊ |
| Lamb, Chicory and Agrodolce Onions | • wheat | | | • | | | | | | | | | • | | No | No | No |
| Slow Cooked Short Rib & Fregola | • wheat | | • pine nuts | | | | | • | | | | | | | No | No | No |
| Vegan Chicory | | | | | | | | | | | | | • | | Yes | Yes | Yes |

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| SIDES | This dish contains | | | | | | | | | | | | | | Suitable for? | | |
|--------------------------------------|------------------------------|---------|----------------|------|-------------|----------|--------|------|------|---------|------|--------|-----------|-------|---------------|------------|------------------|
| Dish Name | Cereals containing Gluten | Peanuts | Nuts | Fish | Crustaceans | Molluscs | Sesame | Milk | Eggs | Mustard | Soya | Celery | Sulphites | Lupin | Vegan | Vegetarian | Non-Gluten diets |
| Roast Potato Pancetta Crumb | | | | | | | | | | | | | | | No | No | Yes |
| Zucchini Fritti | • wheat | | | | | | | ◆ | | | | | ◆ | | ◆ | ◆ | No |
| Rocket & Datterini Tomato Salad | | | | | | | | | | | | | | | Yes | Yes | Yes |
| Puntarella, Grapefruit and Pistachio | | | • pistachio | | | | | | | | | | • | | No | Yes | Yes |
| Green Bean and Almond Side | | | • almonds | | | | | | | | | | | | Yes | Yes | Yes |
| Coppa, Kataifi & Ricotta Salad | • wheat | | | | | | | • | | | | | • | | No | No | No |
| Tardivo & Artichoke | | | • walnuts | | | | | | | | | | • | | Yes | Yes | Yes |

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| Truffle Menu | This dish contains | | | | | | | | | | | | | | Suitable for? | | |
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| Dish Name | Cereals containing Gluten | Peanuts | Nuts | Fish | Crustaceans | Molluscs | Sesame | Milk | Eggs | Mustard | Soya | Celery | Sulphites | Lupin | Vegan | Vegetarian | Non-Gluten diets |
| Pea Gnocchi, Truffle & Brunet | • wheat | | | | | | | • | | | | | | | No | Yes | No |
| Truffle Silk Handkerchief | • wheat | | • walnuts | | | | | • | • | | • | | | | No | Yes | No |
| Truffle, Chicken, Polenta & Mushroom | ◊ wheat | | | | | | | • | | | | | • | | No | No | ◊ |
| Truffle Burrata | | | | | | | | • | | | | | | | No | Yes | Yes |
| Truffle Bombolini | • wheat | | | | | | | • | • | | | | | | No | Yes | No |

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| Desserts | This dish contains | | | | | | | | | | | | | | Suitable for? | | |
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| Dish Name | Cereals containing Gluten | Peanuts | Nuts | Fish | Crustaceans | Molluscs | Sesame | Milk | Eggs | Mustard | Soya | Celery | Sulphites | Lupin | Vegan | Vegetarian | Non-Gluten diets |
| Chocolate Balsamic Mousse | • wheat, barley | | | | | | | • | • | | • | | • | | No | Yes | No |
| Chestnut & Chocolate Mousse | • wheat | | | | | | | • | • | | • | | | | No | Yes | No |
| Skillet Polenta Cake | • wheat | | • almonds | | | | | • | • | | • | | | | No | Yes | No |
| Mocha Panacotta | • wheat, barley | | | | | | | • | • | | • | | • | | No | Yes | No |
| Fig Leaf - Goat Curd - Almond | • wheat, barley | | • almonds | | | | | • | • | | • | | | | No | Yes | No |
| Blood Orange Meringue | • wheat, barley | | | | | | | • | • | | • | | • | | No | Yes | No |

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| Spiced Polenta Cake | • Wheat oats | | • almonds | | | | | • | • | | • | | • | | No | Yes | No |
| Earl Grey Rice Pudding | | | | | | | | • | • | | | | | | No | Yes | Yes |
| Ice Cream - Pistachio | | | • pistachio | | | | | • | • | | | | | | No | Yes | Yes |
| Ice Cream - Gianduja | | | • hazelnuts | | | | | • | • | | • | | | | No | Yes | Yes |
| Ice Cream – Cherry | | | | | | | | • | • | | | | | | No | Yes | Yes |
| White Chocolate Feuilletine | • wheat, barley | | | | | | | • | • | | | | | | No | Yes | No |

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| Sorbet – Coconut & Lime Sorbet | | | | | | | | | | | | | | | Yes | Yes | Yes |
| Sorbet – Lychee Sorbet | | | | | | | | | | | | | | | Yes | Yes | Yes |
| Sorbet – Bergamot & Basil Sorbet | | | | | | | | | | | | | | | Yes | Yes | Yes |
| Sorbet – Raspberry & Rose Powder | | | | | | | | | | | | | | | Yes | Yes | Yes |

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